



**Westlake Christian School**  
**August 2011**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>23</b> Pizza Tossed Salad with Ranch Dressing Fresh Fruit Cookie	<b>24</b> Nacho Meat Tortilla Chips Cheese / Shredded Lettuce Juice Brownie  * Soup & Salad Bar Available	<b>25</b> Chicken Nuggets Green Beans Roll Fresh Fruit Cookie	<b>26</b> Spaghetti & Meatballs or Buttered Noodles Caesar Salad Breadstick Juice Cookie
<b>29</b> Pizza Tossed Salad with Ranch Dressing Fresh Fruit Cookie	<b>30</b> Pancakes Sausage Links Gogurt Juice Cinnamon Roll	<b>31</b> Pigs in a Blanket Mac & Cheese Carrots with Dip Juice Brownie  * Soup & Salad Bar Available		

Chef Susan and Miss Carol welcome you Back to School! We're looking forward to good food and lots of happy students this school year!

We offer low sodium hot meals – nothing fried – only baked or grilled. Each day an alternate meal choice is offered which includes a Turkey or Ham & Cheese Croissant or a Bagel with Cream Cheese and Gogurt. A Soup and Salad Bar is offered on Wednesdays. Water or milk is included with every meal. Juice is offered when fresh fruit is not provided. Extra fruit, salad and vegetables are always FREE! A variety of snacks, including many that are natural or organic, are available.

**LUNCH PRICES:**

Regular or Alternate Meal - \$4.00	Soup and Salad Bar (Wednesdays only) - \$5.00
Doubles Entree Lunch - \$5.00	All Snacks - \$1.00

Pre-paid lunch tickets are required and are available for purchase in the school office. Borrowing a lunch ticket is **for an emergency situation only**.

We look forward to serving you this exciting new school year!

Blessings,  
Susan Grandy, Food Services Director